

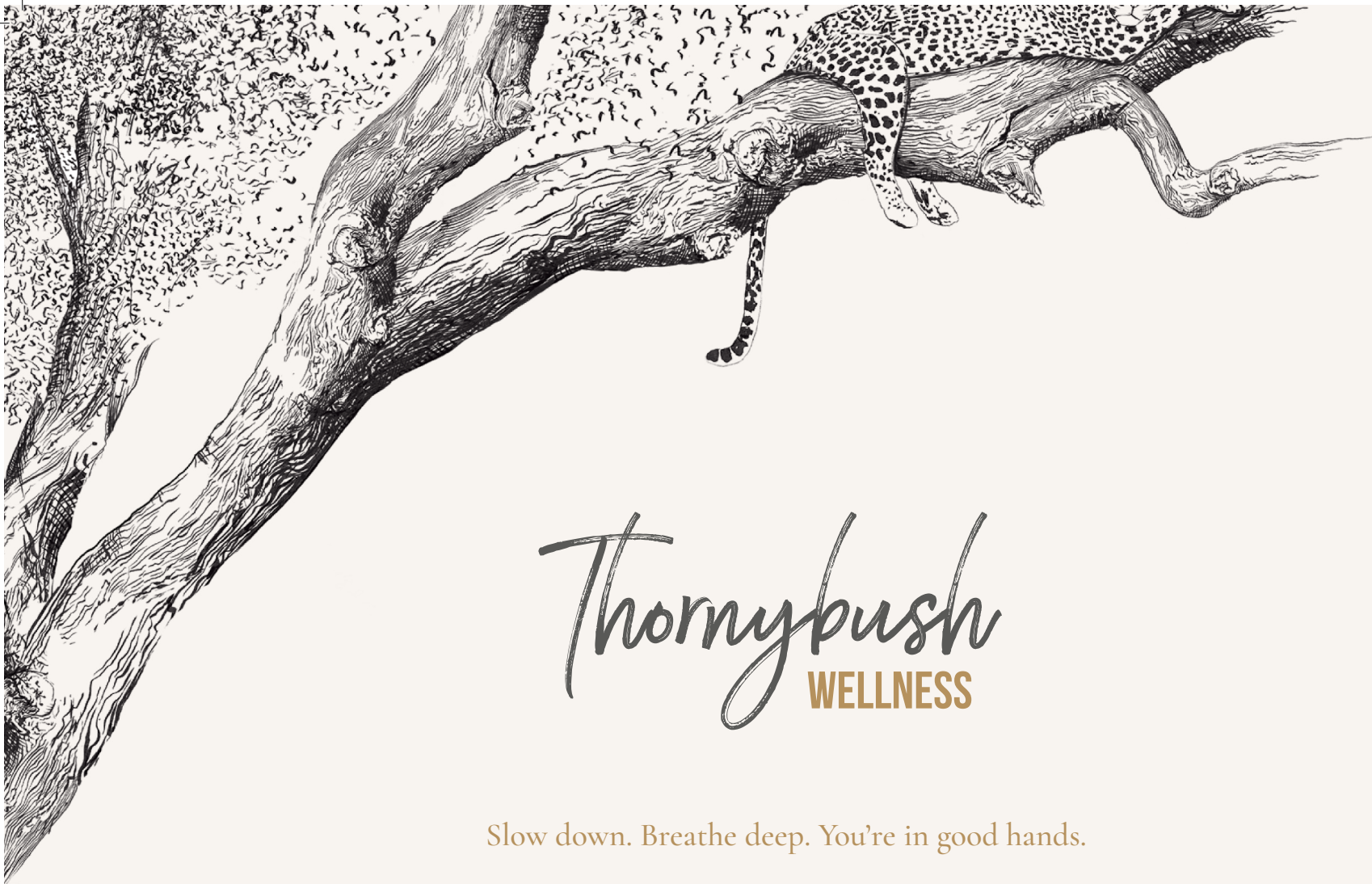
A close-up photograph of a person lying on their back, receiving a hot stone massage. A therapist's hands are visible, applying pressure to the lower back. Three smooth, dark, oval-shaped hot stones are placed along the spine. The person's hair is tied up in a bun. The scene is set in a spa-like environment with soft lighting and a towel draped over the person's head and shoulders.

Thornybush

WELLNESS

Explore | Restore | Thrive





Thornybush

WELLNESS

Slow down. Breathe deep. You're in good hands.

Whether you're easing into stillness after a day on safari, recalibrating after city life, or simply enjoying the luxury of doing nothing at all — our therapists are here to restore your balance, one perfectly timed pause at a time.

Body Treatments

Deep Tissue Safari Relief Massage

A therapeutic treatment that utilizes firm pressure and precise technique to relieve muscle tension.

60 mins

R1650

90 mins

R2090

ADD ON HOT STONE

| R200

Back, Neck And Shoulder Massage

A massage specifically designed to target the back and shoulder regions, aiming to alleviate tension in these frequently stressed muscles.

30 mins

R770

45 mins

R940

ADD ON BACK SCRUB

| R150

ADD ON HOT STONE

| R200

ADD ON FULL BODY SCRUB (30MINS)

| R350

ADD ON AROMATHERAPY OIL

| R100

Rungu Massage

African Rungu massage is a long stroked, deep pressure massage that reduces pains and aches, improves blood circulation and muscle toning.

60 mins

R1800

90 mins

R2200

Hot Stone Massage

Relax and unwind as heated lava stones melt away tension and stress, leaving you feeling refreshed and revitalized.

60 mins

R1650

90 mins

R2090

Take a deep *breath*, feel the warmth of the sun, and let the untamed beauty around you inspire a deeper connection to yourself and nature.

Aromatherapy Massage

This massage blends the therapeutic use of aromatic oils with various movements across the body.

60 mins

R1370

90 mins

R1740

Scalp Massage

A scalp massage can bring immediate relief to mental and emotional stress. It also improves circulation in the head and helps enhance senses.

30 mins

R610

Foot massage

Relaxation and relief for aching and swollen feet, this massage will put you back on a solid foundation.

30 mins

R660

Babor Body Treatments

Babor Soul & Body Massage

Experience ultimate relaxation with this luxurious full-body massage. Tailored to your needs, it soothes tension, boosts circulation, & nourishes the skin.

60 mins

R1370

Babor Salt Oil Peeling & Massage

Renew & rejuvenate with this exfoliating salt oil peel, followed by a relaxing full body massage. Your skin will be smooth & nourished while tension is eased & balance restored.

90 mins

R1680

Babor Signature Full Body Treatment

An indulgent escape that envelops you in relaxation. Combining expert techniques with luxurious products, this treatment leaves the skin radiant and the body rejuvenated.

120 mins

R2310



Babor Face Treatments

Babor Signature Facial Experience

This elite ritual combines hero products to deliver an unparalleled radiance and rejuvenation facial.

60 mins

R1260

Doctor Babor Facial Journey

A crafted facial experience with advanced products that expertly resurface, smooth imperfections and enhance the skin's natural functions.

60 mins

R1790

Babor Cleanformance

A vegan friendly skincare solution to promote balance of the skins natural microbiome.

60 mins

R1110

Babor Men

Energize & refresh your skin with this tailored facial treatment designed specifically for men. This facial deeply cleanses, hydrates & soothes while addressing the signs of stress & fatigue, leaving your skin revitalized & balanced.

60 mins

R1260

Babor Hydra Infusion

Quench your skin with this deeply hydrating facial that replenishes moisture & restores radiance. Perfect for dehydrated or tired skin.

30 mins

R690



Babor Purifying Infusion

Deeply cleanse & clarify your skin with this purifying treatment, designed to reduce impurities, refine pores & balance your complexion. Ideal for oily or blemished skin.

30 mins

R690

Babor Lift Infusion

A rejuvenating treatment designed to tighten, firm & lift the skin. It enhances skin elasticity & reduces fine lines. Ideal for those seeking an instant glow & noticeable lift.

30 mins

R690

ADD ON BABOR AMPOULE

| R250

Safari Serenity Experience

A rejuvenating escape that begins with a soothing sauna session, complemented by a hydrating isotonic coconut drink. Enjoy a 60-minute full-body massage to release tension, followed by a calming 30-minute Foot and Scalp Massage, leaving you refreshed, balanced, and deeply relaxed.

120 mins

R2450

Babor The Earth Experience

Reconnect with nature through this grounding & restorative treatment. Inspired by the elements of the earth, this treatment combines exfoliation, a soothing body wrap, a relaxing massage & ending off with a facial.

120 mins

R2950

Selfcare Essentials

HANDS & FEET

Manicure	60 mins	R530
Gel manicure	75 mins	R740
Pedicure	60 mins	R630
Gel pedicure	75 mins	R840
Gel soak off	30 mins	R270

WAXING

1/2 leg	30 mins	R370
Full leg	45 mins	R580
Bikini	30 mins	R420
Underarm	15 mins	R300

TINTING

Eyelash	R200
Eyebrow	R170
Lash & brows	R270





Infrared Sauna

Relax and rejuvenate in our state-of-the-art infrared sauna, designed to provide a soothing, detoxifying experience that promotes relaxation, improves circulation, and relieves muscle tension. The infrared sauna is complimentary for all guests, with a maximum session time of 20 minutes.

To ensure availability, please reserve your session in advance by speaking with our spa reception. Whether you're looking to unwind or enhance your wellness journey, our infrared sauna is the perfect addition to your spa experience.

Our *Gym*

Our gym features cutting-edge Technogym equipment, enabling guests to track and record their workouts by connecting their phones or wearable devices to the machines.

In addition to this advanced equipment, we offer a range of weights, resistance bands, exercise balls, and more to ensure a well-rounded workout. Guests have access to the gym at any time throughout the day.







SPA POLICIES

- Cancellation Policy

If you need to change or cancel your appointment, please notify the spa at least 6 hours in advance. Failure to do so may result in a charge for the full treatment value. Late arrival will result in a reduction of the treatment time whilst the full treatment fee will apply.

- Guest Arrival Policy

It is recommended that guests arrive 15 minutes prior to their appointment booking time.

- Product Return Policy

We regret no exchange or refund will be given on product purchases that have been opened or used. All items should be unused, unopened and returned in their original and undamaged packaging within 24 hours of purchase.

- Age Restriction Policy

Any guest under the age of 16 years having a treatment must be accompanied by an adult. No guest under the age of 16 years may make use of the other Wellness Facilities.

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